

# Eyelid Minor Op Procedures

## On the day of the Minor Ops procedure:

- Eat, drink and take usual medications as normal on the day of the procedure
- You do not need to bring anything special for the day of the procedure
- Please avoid eye make up on the day of the procedure
- If you wear contact lenses, please do not wear them and bring glasses for the day
- Please do not drive to the clinic, as you may have an eye pad placed following the procedure
- Mr Ismail will explain the procedure to you in his clinic, and then you will move to the minor ops room
- The procedure will be performed with you lying down comfortably and with a local anaesthetic injection to numb the eyelid
- After the procedure, Mr Ismail will give instructions on booking a follow up appointment in clinic if required

## Post-operative Minor Ops Surgery Instructions:

- Leave eye pad in place as long as instructed by Mr Ismail
- Have a restful day following surgery
- Minor eyelid swelling / bruising will settle soon
- Mild discomfort, or a gritty feeling in the eye, following surgery is normal. If you are experiencing severe pain or your eyesight is affected, please contact me for medical advice immediately
- Try not to do strenuous activities, exercise or bend excessively for the first few days after surgery
- Please avoid eye make-up / eyelid moisturisers for one week following the procedure
- If you normally take eye drops, it is fine to use these as usual after the procedure
- It is fine to shower or bathe the day after surgery, being gentle around the eyes
- Avoid swimming for 1 week following surgery

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## Private appointments and enquiries

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